MEMORANDUM

TO: Randolph G. Moore
   Chairperson, Board of Regents

VIA: David Lassner
    President
    Joanne Itano
    Interim Executive Vice President for Academic Affairs

FROM: Jan Javinar
      Interim Associate Vice President for Student Affairs

SUBJECT: PROPOSED AMENDMENT TO REGENTS POLICIES 7.207 (CLINICAL AND MENTAL HEALTH SERVICES; & INSURANCE)

SPECIFIC ACTION REQUESTED:

It is requested that the Board of Regents approve the attached amendment to Regents Policy, Chapter 7, Section 7.207 which outlines a philosophical basis for campus provision of clinical and mental health services; and delegates to the President or President’s designee, responsibility for determining the level of clinical and mental health services as well as assuring the system-wide availability of a student health insurance plan.

RECOMMENDED EFFECTIVE DATES:

Upon approval of the Board of Regents

ADDITIONAL COST:

Building campus capacity to provide a modicum of clinical and mental health services may require campuses to propose the establishment and/or increase of student health fees which would help defray both start up and ongoing operational costs for services.

BACKGROUND:

For a growing number of students, the college years are not “as bright” as they were for students in the 1960s through the 1990s. As nearly half of U.S. 18- to 24-year olds are enrolled in college at least part-time, more college students are reporting the lowest levels of emotional health in 25 years. Data reported by the American College Health...
Association indicate that colds, flu, sore throats, and sinus infections still rank in the top ten barriers to academic success. However, the great majority of health-related reasons for academic challenges are not medical. College students today present concerns that are greater and severely more complex than the traditional concerns of college adjustment or individual identity development.

As the complexity of problems students present continues to increase, the University must provide a variety of services and programs that are intended to remove physical and psychological impediments to college student success. More than 25 years ago, an executive policy was updated to philosophically justify and describe a nascent student health services program at the Mānoa campus. Since then, the other nine campuses of the system have developed a level of service to address their students' physical and psychological well-being. This policy revision at the Regents Policy level seeks to articulate the philosophical underpinnings and responsibility that the University will assume to meet the mental health and clinical health needs of students throughout the campuses.

Plans for revising Regents policies related to mental health services, clinical health services, and international student insurance requirements were first discussed with the Council of Senior Student Affairs Officers (CSSAO) on October 16, 2013. Two draft policies were subsequently shared with CSSAO at its meeting on January 15, 2014 with the goal to share with front line staff delivering services. Comments received on the revision to Board policy articulating a philosophical basis for University provision of mental health and clinical health services were favorable.

This revised policy was shared with the Council of Chancellors for feedback at its meeting on November 21, 2014 with no comments in opposition received.

**ACTION RECOMMENDED:**

It is recommended that the Board of Regents approve the attached amendment to Regents Policy Chapter 7, Section 7.207 which outlines a philosophical basis for campus provision of clinical and mental health services; and delegates to the President or President's designee, responsibility for determining the level of clinical and mental health services as well as assuring the system-wide availability of a student health insurance plan.

Attachments show the original version of RP 7.207 as amended using modified Ramseyer format and a clean copy if approved.

Upon Board approval, revisions to Executive Policy, EP 7.202 (Provision of Clinical Health & Mental Health Services) will be proposed for President's consideration. A draft copy of a clean revision to EP 7.202 which establishes levels of service care is attached for the Board's information.
Randolph G. Moore
December 26, 2014
Page 3

Attachments - RP 7.207 amended (in modified Ramseyer format)
   RP 7.207 amended (clean copy if approved)
   EP 7.202 amended (clean copy if President approves)

c: Executive Administrator & Secretary of the Board Quinn
Regents Policy Chapter 7, Student Affairs
Regents Policy RP 7.207, International Student Health Clinical & Mental Health Services; & International Student Health
Effective Date of Recodification: January 22, 2015
Prior Dates Amended: October 31, 2014 (recodified); Dec. 7, 1972
Review Date: August 2018

I. Purpose

To set forth a policy regarding provision of clinical and mental health care services for the University and to address international student health insurance for international students.

II. Definitions

No policy specific or unique definitions apply.

III. Executive Regents Policy

A. Philosophy & Rationale

1. The provision of clinical and mental health care services is an educationally legitimate and critical function of any college or university given the dramatic rise in diagnosable physical and mental illness and related behavioral problems. As a part of their attendance, college students are exposed to illness and to the hazard of injury resulting from the manipulation of various equipment or supplies or through participation in athletic, recreational and co-curricular activities. Because they may be living away from home or domiciled on or near campus, many college students no longer have access to their customary clinical health services. Consequently, establishing clinical health services on the campuses of the University can ensure access to medical care for its students by providing convenient treatment of injury and illness.

2. College attendance creates a unique set of circumstances and stressors that may trigger growth and development in significant ways. College students often possess physical and emotional needs unique to their age group and environmental context. It is typically during the college matriculation period that
students experience change, need to address personal and identity development issues, work through psychosocial and interpersonal challenges, and deal with growth, development and more change. The presence and availability of mental health counseling services on the campuses of the University afford students the opportunity to address psychosocial and psychological concerns in more intentional and healthy ways.

3. In fostering students' general well-being to succeed academically, the University may also provide a variety of services and programs designed to remove physical and psychological impediments to educational success. Besides the referral of students to specialized health resources unavailable on campus, clinical and mental health services professionals may need to increase their collaboration in order to address the complexity of problems students present. As a part of this need to collaborate, the University may compile clinical and mental health records, or require a variety of examinations, immunizations, psychological assessments or follow-up tests to assist students in dealing with severity of their presenting concerns.

4. Thus, in order to encourage students to take responsibility for maintaining their physical and psychological well-being, the University of Hawai'i establishes policies for clinical and mental health services.

B. Parameters

1. In providing for the safety, health and well-being of its students, the University, through its Administration, shall comply with all applicable requirements of federal, state, and other governmental agencies as may be required by law or by rules and regulations.

2. The President or the President's designee shall, by Executive Policy, set forth guidelines to determine the level of care for clinical and mental health services to be provided by the campuses.

3. Additionally, the President or the President's designee shall, by Executive Policy, assure University-wide availability of a student health insurance plan(s).

A C. All non-immigrants on student visas are required to enroll in a university endorsed student health insurance plan or furnish proof of enrollment in a health insurance program whose benefits meet the minimum insurance requirements set by the President or the President's designee by Executive Policy.

IV. Delegation of Authority
Setting the minimum insurance requirements is delegated to the president or the president's designee. See RP 7.207 (A) IIB.

V. Contact Information

Office of the Board of Regents, 956-8213, <bor@hawaii.edu>

VI. References

A. http://www.hawaii.edu/offices/bor/
B. EP 7-203 7.202

VII. Exhibits and Appendices

No exhibits and Appendices found

Approved:

approved as to Form:

______________________________  _______________________
Cynthia Quinn                        Date
Executive Administrator and
Secretary of the Board of Regents
I. **Purpose**

To set forth a policy regarding provision of clinical and mental health care services for the University and to address student health insurance for international students.

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A. **Philosophy & Rationale**

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issues, work through psychosocial and interpersonal challenges, and deal with
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B. Parameters

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rules and regulations.

2. The President or the President's designee shall, by Executive Policy, set forth
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be provided by the campuses.

3. Additionally, the President or the President’s designee shall, by Executive Policy,
assure University-wide availability of a student health insurance plan(s).

C. All non-immigrants on student visas are required to enroll in a university endorsed
student health insurance plan or furnish proof of enrollment in a health insurance
program whose benefits meet the minimum insurance requirements set by the
President or the President's designee by Executive Policy.

IV. Delegation of Authority
Setting the minimum insurance requirements is delegated to the president or the president's designee. See RP 7.207 IIIB.

V. Contact Information

Office of the Board of Regents, 956-8213, <bor@hawaii.edu>

VI. References

A. http://www.hawaii.edu/offices/bor/
B. EP 7.202

VII. Exhibits and Appendices

No exhibits and Appendices found

Approved:

approved as to Form:

Cynthia Quinn
Executive Administrator and
Secretary of the Board of Regents

Date
Executive Policy Chapter 7, Student Affairs
Executive Policy EP 7.202, Clinical Health and Mental Health Services
Effective Date: January 2015
Prior Dates Amended: October 2014 (reformatted), March 1987, October 1981
Responsible Office: Office of the Executive Vice President for Academic Affairs
Governing Board of Regents Policy RP 7.207, Clinical and Mental Health Services, and International Student Health
Review Date: August 2018

I. **Purpose**

To establish and promulgate guidelines and provisions for campuses to implement clinical health and mental health services in accordance with University policies. This policy shall:

A. recognize the importance of clinical health and mental health services as an integral part of the University's effort to provide for the safety, health, and well-being of its students;

B. clarify responsibilities for the provision of clinical health and mental health services;

C. provide a basis for the periodic review of clinical health and mental health services wherein each campus may assess its need for services, determine the appropriate level of service care to be maintained, and plan and budget for such services; and

D. identify the sources of funding most appropriate for the maintenance of clinical health and mental health services.

II. **Definitions:**

No policy specific or unique definitions apply.

III. **Executive Policy**

A. **Applicability**

This policy shall apply to all campuses of the University of Hawai‘i.

B. Each campus of the University shall provide at least Level 1 care of clinical health and mental health services outlined in Appendix A of this
policy and shall offer a higher level of service when appropriate and feasible in accordance with guidelines found in this policy. Adequate on-campus facilities shall be made available to carry out Level 1 services.

C. Depending upon its assessed needs, each campus shall determine the scope and level of clinical health and mental health services appropriate for its student population. The level of needs of the students at each campus is related to a variety of factors as outlined below. These factors shall be weighed and considered by each campus in determining its appropriate level of care of clinical health and mental health services to be maintained.

1. The demographics of the campus student population.

2. The number of students residing on or near campus, and their demographics.

3. The existence of academic programs or other activities which by their nature are potentially hazardous.

4. A determination of health needs of enrolled students, taking into account their financial resources, living patterns, and their individual awareness of and regard for personal health and developmental issues.

5. The availability of medical and mental health resources in the surrounding community.

6. The degree to which students are willing to support various health services through, among other ways, payment of a health service fee or the purchase of health insurance.

7. The financial resources of the campus including the priority placed upon the funding of existing and/or new programs and the campus commitment to the provision of clinical health and mental health services.

Requirements set by accreditation bodies.

D. Each campus shall budget sufficient funds in order to carry out the level of service care to be maintained.

E. The clinical health and mental health services program of each campus shall be administered by the campus. The director of clinical health services and of mental health services at the various campuses may serve as consultants to the University Administration in (1) establishing University clinical health and mental health standards and appropriate
implementation procedures, (b) determination of an appropriate student health insurance plan, and (3) assisting in the facilitation of clinical health and mental health education programs.

F. Should a campus choose to offer clinical health and mental health services greater than those at Level 1, it shall ensure that the University employed service providers for such services are adequately covered through risk management and insurance and liability coverage.

G. Full-time and part-time students enrolled in regular credit programs offered by a campus shall be eligible to receive clinical health and mental health services offered by their home campus during the academic term in which they are registered.

H. The University shall make available to students enrolled in regular credit programs, a voluntary student health insurance plan(s) through a private carrier. In accordance with existing Regents Policy, RP 7.207III.C, all non-immigrants on student visas must demonstrate proof of enrollment in a health insurance plan.

I. As provided for in Regents Policy, RP 6.203III.2, the Board shall set and approve mandatory student health fees to meet campus needs for clinical health and mental health services.

J. The University President delegates to the Chancellors, responsibility and authority to evaluate the most appropriate level of clinical health and mental health services to be maintained on their campuses, with such evaluation to be undertaken at least once every six years.

K. Each campus shall include within its financial plans, sufficient funds to accomplish the level of service care it intends to provide. Where operating budgets are insufficient to carry out the intended level of service, the campus may request Board approval for the charging of a student health fee as provided in Regents Policy, RP 6.203III.2. Such requests shall be clearly justifiable and shall address identified costs associated with clinical health and mental health services.

Each campus shall establish appropriate procedures that may be required in order to conform with clinical health and mental health policies, laws and regulations issued by the Board of Regents or by other State agencies. Each campus may also determine the degree to which a physical examination shall be a prerequisite to initial registration. A student who fails to meet campus health requirements shall not be permitted to register nor reside in campus residence halls.
M. The senior student affairs officer for the University System, shall develop, implement, and evaluate, in consultation with the Chancellors or their designees, a procedure for ensuring University-wide availability of a student health insurance plan(s) in accordance with University policies.

IV. **Delegation of Authority**

Responsibility for implementation of this policy shall rest with the chancellor of each campus and is further delegated to the campus senior student affairs officer.

V. **Contact Information**

Office of the Associate Vice President for Student Affairs at telephone number 956-8753 or by email at avpsa@hawaii.edu.

VI. **References**

Link to superseded policies: <Cite Link Address>
- List sources which relate to or impact the policy, e.g., Federal and State Laws, rules and/or regulations.
- List associated executive policies and administrative procedures
- When available, cite electronic links

VII. **Exhibits & Appendices**

**Appendix A**

**Approved:**

David Lassner
President

Date
# APPENDIX A

## LEVELS OF CARE FOR CLINICAL HEALTH & MENTAL HEALTH SERVICES AT THE UNIVERSITY OF HAWAII

<table>
<thead>
<tr>
<th>DESCRIPTION FOR CLINICAL HEALTH</th>
<th>DESCRIPTION FOR MENTAL HEALTH</th>
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<tbody>
<tr>
<td>Reliance solely on extramural, community medical resources for conditions that cannot be attended to by the individual student. Campuses offering this level may supplement the community resources by providing information and periodic instruction that focuses on health education.</td>
<td>1 <em>(Self-Care)</em> Reliance on current professionals in student affairs or student services to offer initial assistance for students to assess their behavioral challenges impeding timely matriculation. Usually requires referrals to counseling and/or psychological services off campus.</td>
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<tr>
<td>Provides for a registered nurse on campus either full-time or part-time to assist students by providing first aid care. Students requiring a physician’s services may be referred by the nurse to doctors practicing in the community. Nurse assumes the role of health educator, health counselor, and environmental health &amp; safety consultant. Nurse may also coordinate first aid programs involving other staff members, thus expanding the capabilities of the service.</td>
<td>2 <em>(Assisted Self-Care)</em> Provides a minimum level of counseling by master's level professionals with appropriate degrees in psychology, counseling, social work, marriage &amp; family therapy, etc. May also include counseling by graduate-level practicum trainees and/or doctoral interns supervised by a licensed psychologist or licensed mental health counselor employed by the University.</td>
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<tr>
<td>Provides for a registered nurse on campus either full-time or part-time to assist students. In addition to Level 2 services, the nurse works with a physician consultant who provides guidelines and standing orders to permit the care of minor injuries and illnesses as well as the administration of routine health clearance requirements and certain immunizations.</td>
<td>3 <em>(Assisted Self-Care PLUS)</em> Level of assistance provided by mental health counselor, including social workers or college counselors, licensed to help individuals change their behavior or emotional responses in order to restore or enhance their capacities for personal and interpersonal functioning. May also include post-doctoral “psychologists in training.”</td>
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<td>Provides for a primary care physician and/or nurse practitioner who can render definitive care for the majority of primary care medical cases. Campus serves as the entry point for primary health facility into the total community system of medical care involving specialized out-patient services and hospital in-patient services.</td>
<td>4 (Primary Health &amp; Wellness Care)</td>
</tr>
<tr>
<td>In addition to Level 4 services, also available beyond primary medical care are some medical specialty care and diagnostic facilities.</td>
<td>5 (Primary Health &amp; Wellness Care PLUS)</td>
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